

# IEM YES PRESENTS OUR FIRST EVER VIRTUAL Health and Wellness Symposium

## LIVE, LOVE AND LEARN



Make new friends, network with industrial leaders, win amazing prizes and most importantly have fun in our 3 days long symposium!

# DATE: 25TH - 27TH MARCH 2022 PLATFORM: VIRTUAL ZOOM

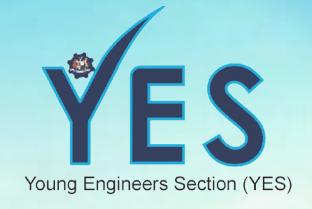
## **REGISTRATION FEE**

- IEM Student Member RM 30
- Non-IEM Student Member RM 40
- IEM Graduate Member RM 40
- Non-IEM Member RM 50









#### 25th March 2022 (Friday)

09.00 am – 10.00 am	Opening Ceremony
10.00 am – 11.00 am	Break the Ice! The Werewolf
11.00 am – 12.00 pm	Cyberthreat Awareness and How to Protect Ourselves Against it? by FEDELIS Sdn Bhd
2.00 pm – 4.00 pm	Stress or Success
7.00 pm onwards	Networking Session

#### **26th March 2022 (Saturday)**

09.00 am – 11.00 am	Engineering Forum: From the Heart of An Engineer
11.00 am – 1.00 pm	Teambuilding: The Detective
2.00 pm – 2.30 pm	Talk by Platinum Tier Sponsor NS Bluescope Lysaght Malaysia
2.30 pm – 5.00 pm	Laughter Yoga: Empowerment & Embracing Life Through Laughter
7.00 pm onwards	Networking Session

#### 27th March 2022 (Sunday)

09.00 am – 11.00 am	Industrial 4.0 Technology by Keysight Technologies
11.00 am – 1.00 pm	Teambuilding: Treasure Hunt and Escape Room
2.00 pm – 4.00 pm	Dreamland
4.00 pm onwards	Closing Ceremony

#### **Important Notes:**

- Registration closing date for IEM Health and Wellness Symposium: 20/03/2022 (Sunday)
- For ONLINE REGISTRATION, payment MUST BE MADE BY ONLINE PAYMENT (vis RHB Now and Maybank2u - Personal Saving & Personal Current, Any Credit Card - Visa/Master).
- FULL PAYMENT must be settled before commencement of the event; otherwise participants will not be allowed to participate in the symposium.
- If the participant failed to attend the symposium, the fee paid is nonrefundable. IEM YES reserve the right to reject any LOU/LOG not in accordance with these instructions.
- IEM YES reserves the right to postpone, reschedule, allocate or cancel the programme due to unforeseen circumstances.

**OUTHM** 

IEMYES

The Institution of Engineers, Malaysia Swinburne Sarawak Student Section

YOUNG ENGINEERS

**SECTION, IEM-YES** 

Ident Section

IN COLLABORATION WITH IEM STUDENT SECTIONS

IEM

IEM YOUNG

ENGINEERS

SECTION (YES)

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### **SPONSORED BY:**

**@IEMYESHQ**